

Making it delicious

Kale Basil Pesto (nut-free)

THE
Open
Door

Ingredients

- 2 cups basil, packed
- 4 cups kale or spinach, packed (washed & dried, thick stems removed)
- 1/2 cup olive oil
- 2 Tbsp. lemon juice (1/2 a lemon)
- 1/4 cup Parmesan cheese (or nutritional yeast)
- 1/2 tsp. salt
- 1/4 tsp. pepper



Instructions

- Place all ingredients in a food processor or blender.
- Turn on the machine and blend for 30 seconds. Stop and scrape with a spatula and blend again, repeating as needed until very smooth.
- Store in a covered dish in the refrigerator. Enjoy as a spread, a dip, or a sauce!

Recipe adapted from www.twopeasandtheirpod.com "Spinach Basil Pesto"

SERVINGS: 8 | PREP TIME: 10 MIN

FOODPANTRY.org