

Making it delicious

Honey Nut Dip



Ingredients:

- 3/4 cup plain yogurt
- 1/4 cup nut or seed butter
- 2-3 tsp. honey or maple syrup
- Optional: 1/4 tsp. vanilla extract



Instructions:

- Mix all the ingredients together, adjusting the amounts as needed to achieve the preferred taste and consistency.
- This dip is great for apple slices and strawberries, as well as a topping for waffles and pancakes!