

*Making it delicious*

# Banana Ice Cream



## Ingredients:

- 🍌 Large ripe bananas, sliced & frozen (1 each)\*
- 🍌 Optional: sliced strawberries, fresh or frozen
  
- 🍌 Mix-in ideas:
  - Cocoa powder
  - Peanut butter
  - Fruit (fresh or frozen)
  - Chocolate chips
  - Chopped nuts
  - Nutella
  - Cinnamon



## Instructions:

- 🍌 Blend the frozen banana pieces in a food processor until it becomes smooth and creamy, scraping down the sides as needed.
  
- 🍌 It will first become crumbly, then gooey, before it becomes super creamy, soft-serve ice cream texture.
  
- 🍌 Blend for a few more seconds to aerate the ice cream. If adding any mix-ins, this is the moment to do it.
  
- 🍌 You can serve the ice cream immediately, or scoop it into an airtight container and freeze until it's as solid as you like.

\*Peel and slice the bananas, and freeze for at least 2 hours.